



BSS DIPLOMA
AYURVEDA,
PANCHAKARMA &
NURSING



JUBILEE Ayurveda
MISSION HOSPITAL & RESEARCH INSTITUTE



Jubilee Ayurveda Mission Hospital & Research Institute

Jubilee Mission Hospital Trust - Archdiocese of Trichur

Opp. Police Academy, Ramavarmapuram, Thrissur 680631

Phone: 91 9207655599 04872432502

E mail ayurveda@jmma.ac.in Web; www.jmmc.ac.in

Prospectus 2026-27 for Admission to Diploma in Ayurveda Panchakarma & Nursing. (BSS Approved)

1. INTRODUCTION:

The catholic Archdiocese of Trichur, right from its inception in 1887, has made remarkable and effective contributions in the fields of health care, education, social welfare and development of the community in Central Kerala. The strong presence of the Church has made a positive impact on the educational, socio-economic, cultural and health indicators of the region.

As a part of the healing mission of the Archdiocese of Trichur, a small dispensary was begun at Thrissur on 17th December, 1951. As a result of self-sacrifice, exceptional dedication, and above all, the divine providence, the small dispensary is now grown to be the Jubilee Mission Medical College & Research Institute, with 1500 bedded multi-specialty hospital that has facilities for medical education such as Medical College, College of Nursing, School of Nursing and an array of allied health science courses.

Jubilee Ayurveda Mission Hospital & Research Institute started in the year 2015 is one of the important institutions of Jubilee Mission Hospital Trust in which traditional principles and practises are preserved intact in an eco-friendly environment. Research activities are being envisaged to support & substantiate the classical range of Ayurveda in evidence generated through laboratory and clinical studies based on powerful healing properties of medication and therapies.

Ayurveda hospital effectively provides excellent Ayurveda treatment. It has a team of Ayurveda doctors who strictly follow traditional methods and systems of Ayurveda adapted to newer times whenever necessary. We have a keen eye on wellness and medical tourism as there are numerous Ayurveda person specific treatments based on the constitution of the patient. Jubilee Ayurveda knows the pulse of each and every patient and ensures quality Ayurveda treatment with good outcome. We have everything that you would prefer from an excellent Ayurveda treatment centre and we accept all goodness for delivering quality healing service.

2. DIPLOMA IN AYURVEDA PANCHAKARMA & NURSING:

Diploma in Ayurveda Panchakarma & Nursing at Jubilee Ayurveda Mission Hospital and Research Institute is recognised by Bharat Sevak Samaj (BSS). BSS is a National Development Agency, promoted by planning committee, Government of India in 1952

- 2.1 Jubilee Ayurveda Mission Hospital & Research Centre offers Diploma in Ayurveda, Panchakarma & Nursing of One Year duration as specified by Bharat Sevak Samaj (BSS).
- 2.2 The selection procedure for admission of candidates for the course will be made as per the selection criteria set by Bharat Sevak Samaj
- 2.3 This prospectus contains the rules and regulations for selection and admission to the seats to be filled by the management in the academic year 2023-24.
- 2.4 The prospectus is subject to modification, addition/deletion as may be deemed necessary by the management of the School.

3. AIM

3.1. The aim of Ayurveda is to maintain healthy mind in a healthy body and to prevent and cure an individual from disease. The science has also prescribed Pathya (Do's) and Apathya (Don'ts) for maintenance of Swasthya or good health.

3.1. Facilities: Integrated Ayurveda Wellness Centre, Meditation & Yoga, and Music Therapy, Nature health Club, Ayurveda Food Court, Medicinal Manufacturing Unit and Herbal Garden.

4. PHILOSOPHY:

4.1 We the Ayurveda, Panchakarma and Nursing educators of Jubilee Ayurveda Mission Hospital & Research Institute believe that Panchakarma is Kerala's special therapy and is an art and science which assist the individual, family and community in recognizing, understanding, and meeting the health needs by preventive, Curative and rehabilitative measures which are rejuvenating, and helping to have a pleasant and graceful ageing.

- 4.2 We accept the definition of health given by W.H.O.: “A state of complete physical, mental, social and spiritual wellbeing; and not merely absence of disease or infirmity.”
- 4.3 We believe that the diploma course in Panchakarma & nursing is a formal educational preparation based on sound education principles.
- 4.4 We believe that the Panchakarma & nursing education is directed towards the development of the student as a person and as a member of the health team.
- 4.5 We believe that the course should prepare Panchakarma therapists and Ayurveda nurses for the first level position to give competent and comprehensive therapy and nursing care in hospital and community.
- 4.6 We believe that the basic education programme in Panchakarma & nursing should be geared to the learning needs of the students and changing needs of the community to be served. It should provide a foundation for the practice of nursing, a basis for more advanced nursing education, and a motivation for continuing education.
- 4.7 We also believe that this programme should develop in the student intellectual facilities, enquiring mind and problem solving skills.
- 4.8 We believe that human relationship skills, communication skills and a good knowledge in basic sciences are essential for learning and practicing nursing.
- 4.9 We recognize that effective learning takes place in the classroom, hospital as well as in the community.
- 4.10 We believe that at the completion of the diploma course, the learner should perform his/her duties effectively as an individual, citizen and professional Ayurvedic Panchakarma Technician /Nurse.
- 4.11 We believe that we have a responsibility in helping the students develop pride in the profession and guide him/her with respect to the higher education and better future.
- 4.12 Finally students will be able to place themselves globally in Ayurveda hospitals, Panchakarma centres, health resorts, wellness centres etc. The demand for skilled Panchakarma therapists and nurses are rising due to acceptance of Ayurveda across the globe.

5. GENERAL OBJECTIVES OF THE COURSE:

5.1 The candidate on completion of this course will be able to:

- i. Asses the nursing need of persons from birth to death.
- ii. Plan and carry out appropriate action to meet nursing needs.
- iii. Provide effective Panchakarma therapy & nursing care to maintain best possible level of health in all aspects.
- iv. Promote self-care in people under their care.
- v. Apply problem solving techniques in Panchakarma & nursing practice.
- vi. Evaluate effectiveness of nursing care & Panchakarma.

- 5.2 Apply knowledge from the humanities, biological and behavioural sciences while practicing the duties as a Panchakarma therapist and nurse.
- 5.3 Apply their knowledge in basic principles of Ayurveda to suggest appropriate diet and life style to patients and their family members.
- 5.4 Apply their knowledge in advising home remedy specific to health condition and seasonal drugs
- 5.5 Function effectively with members of the health care team and community applying the knowledge of human relationship skills and communication skills in his/her work.
- 5.6 Participate, as member of health care team, in delivery of curative, preventive and rehabilitative health services.
- 5.7 Demonstrate ethical values in his/her personal and professional life.
- 5.8 Demonstrate interest in activities of professional organizations.
- 5.9 Recognize the need of Continuing Education for professional development.
- 5.10 Demonstrate basic skills in teaching patients and giving nursing care to them.
- 5.11 Demonstrate basic skills in administration and leadership while working with other members of health care team and community.
- 5.12 Assist in research activities.

6. ELIGIBILITY FOR ADMISSION TO COURSE:

- 6.1 Candidates for admission to Diploma course in Ayurveda, Panchakarma & Nursing should have completed 10+2 / equivalent examination with English as one subject from any recognized Board. Candidates failed in PLUS 2 exam shall also apply
- 6.2 Candidates who have passed 10+2 / Health Care Science in Vocational stream from any recognized Board - State / Central - are also eligible to apply.
- 6.3 Admission shall be open to both genders
- 6.4 Physically handicapped are not eligible for admission

7 RESERVATION:

- 7.1 10% of the total seats are reserved for SC/ST candidates if available. The applicant shall enclose the copy of the Community Certificate from the Revenue Authorities (Village Officer/ Tahsildar) along with the application.
- 7.2 Any other quotas as per the State Government under reservation policy and within the number of the seats.

8 AGE:

Minimum age for admission will be 17 years as on 31st December, 2026. The upper age limit is 28 years.

9 DURATION OF THE COURSE:

The total duration of diploma course in Ayurveda, Panchakarma & Nursing shall be one year.

10 SYLLABUS:

General syllabus shall be 1. Communicative English & Computer fundamentals (MS-Office) 2. Fundamentals of Ayurveda, 3. Anatomy & Physiology. 4. Ayurveda Nursing 5. Maternity & Child Care 6. Panchakarma

11 TOTAL IN-TAKE:

The total number of seats shall be fifteen.

12 APPLICATION FORM:

12.1 The application form and prospectus for admission to Diploma in Ayurveda, Panchakarma & Nursing Course shall be downloaded from the website <http://jmmcri.org> or <http://jmmc.ac.in> from 08.06.2026 onwards. Please download the Prospectus and Application Forms; they will not be sold from office.

12.2 The cost of application and prospectus shall be Rs.300/- (Rupees Three Hundred only) which shall be enclosed and submitted along with the completed application form. The application fee shall be paid as Demand Draft (DD) in favour of Director, Jubilee Mission Hospital, payable at Thrissur. (Original)

13 HOW TO APPLY:

13.1 The applicants are requested to fill up the downloaded application form in their own hand writing and in BLOCK LETTERS.

13.2 All columns of the application shall be filled and no column shall be left blank.

13.3 Duly completed application form shall be sent by speed/registered post to THE DIRECTOR, Jubilee Ayurveda Mission Hospital & Research Institute, P.B.NO.737, BISHOP ALAPATT ROAD, JUBILEE MISSION P.O., THRISSUR EAST - 680 005. The completed application forms may also be deposited directly in the box provided in front of the Office Superintendent's cabin at the Administration Building of Jubilee Mission Medical College (Gate-1), Ground Floor, C-Block.

13.4 The LAST DATE OF RECEIPT OF APPLICATION shall be 25.07.2026

13.5 The application submitted directly/by post shall be enclosed in an envelope and should be prescribed "Application for Diploma in Ayurveda Panchakrama & Nursing"

13.6 Application received late and the incomplete applications will be rejected.

13.7 The SELF-ATTESTED COPIES OF THE FOLLOWING DOCUMENTS are to be attached along with the application form:

- i. SSLC certificate

- ii. Certificate and Mark list of qualifying examination (Plus Two/12th Std.) or printout of the result sheet from the website.
- iii. Copy of Transfer certificate issued from the school last attended
- iv. Certificate of good conduct from the institution last attended (Preferably issued within six months).
- v. Certificate in proof of SEBC/OBC/SC/ST status & Income Certificate obtained from the Revenue Authorities concerned.
- vi. A Demand Draft (DD) for Application Fee (Rs.300/-) in favour of Director, Jubilee Mission Hospital payable at Thrissur from any Bank shall be attached along with the application, without which the application will not be considered. D/D shall be from your bankonly (Original D/D only)

Note: The applicants are requested NOT TO ENCLOSE any original certificates while submitting the application form.

14 **SELECTION AND ADMISSION:**

- 14.1 Admission to Diploma in Ayurveda, Panchakarma & Nursing will be made on merit as assessed on the basis of the total marks secured by the candidates for the Part III Optional Subjects at the Plus two/equivalent examination and an interview.
- 14.2 After verification of certificates the applied Candidates will be called for an interview by selection committee and selected list will be prepared by the Committee. Candidates should produce all original certificates and documents for verification at the time of interview. The date and venue of interview will be intimated later.
- 14.3 The selection committee with the following members will be responsible for the conduct of interview. (1) Director of the Institution (2) Administrative officer of Ayurveda Centre (3) Nominee of the Director (4) Principal of the Centre.
- 14.4 The selected list will be published by the Principal, Ayurveda Centre on date announced at the time of interview.
- 14.5 The selection of the candidates will be provisional, subject to the final approval and registration by Bharat Sevak Samaj.
- 14.6 The candidates are requested to pay prescribed fees at the time of admission. Amenities to be brought by the candidate for class and boarding shall be intimated after selection.
- 14.7 No request for withdrawal of candidature after selection will be entertained.
- 14.8 Hostel facilities will not be provided to the candidates on any grounds

vii. **FEE STRUCTURE:**

Particulars	Fees
Admission fee	1,500
Tuition fee	20,000
Caution Deposit (Refundable)	2,000
BSS Registration fee	2,000
Uniform (Approximately)	4,000
TOTAL	29.500

NB: Cost of Study materials, Exam and other related fees has to be paid by the students directly on demand

viii. **GENERAL RULES AND REGULATIONS:**

Students are expected to maintain a very high standard of discipline, compassion, honesty, and sincerity in their work. Jubilee Ayurveda Mission Hospital is well known for its clinical excellence and the loving care to every person with a smile. The motto of the institution is "Service with love". The students shall be smart in appearance and polite and courteous with the staff, superiors, colleagues, as well as with the patients and their family. Students shall remain under the direct control of the Principal, who will report to the Asst. Director (Nursing Education & Services). Indiscipline of any sort, disobedience, dishonesty, negligence will not be tolerated and will attract punitive action, including expulsion from the institution. All candidates who aspire to join the institution and their parents/guardians shall ensure discipline along with the administration.

16.1 Students are expected to attend classes in proper uniform. Uniform shall always be neat, clean, and well ironed. They should display their ID card at all times to establish their identity.

16.2 Students should assemble in the class room five minutes before the commencement of the class. They may be marked absent if late and will lose attendance.

16.3 Students are expected to observe order and silence at the School, hospital and its premises and make as little noise as possible while moving from one place to another.

16.4 Students are not allowed to loiter around in the working areas and not to bring their friends and relatives to the campus without getting prior permission from the Principal.

16.5 Students are forbidden to affix posters, display materials and other articles on the walls of the building of the Institution.

16.6 Students of the School are forbidden to take any active part in political agitation. Students getting involved in any activity that may interfere with the corporate life and

educational discipline of the school will be liable to be suspended or expelled from School. The Principal shall be the final authority in discipline, including punitive action like fine, loss of attendance, suspension, or expulsion, if necessary.

16.7 Students are prohibited from organizing any meeting or entertainment in the school or collecting money for the purpose within the school premises, without the explicit written permission of the Principal/Director.

16.8 Students are not permitted to conduct any programmes without prior permission from the Principal/Director.

16.9 Students are not permitted to remain in classrooms except during class hours.

16.10 The use of mobile phone is not permitted in school, hostels, and hospital.

16.11 Students are forbidden from directly addressing higher authorities. All communication must be submitted through the Principal/Director who will forward the same, if necessary.

16.12 A student to whom any article/property of the institution is issued shall be responsible for its preservation, in good condition and in the event of its being lost or damaged, shall be required to replace it or defray its cost.

16.13 The students are not allowed to accept any gift in cash/kind from the patients or relatives.

16.14 If a student withdraws the course during the period of studies he/she shall be liable to pay the entire course fees. The certificates will be returned only after paying all the dues to the institution.

ix. **ATTENDANCE AND HOLIDAYS:**

17.1 There should be a minimum of 80% attendance in theory and 100% in practical classes to appear for each year end examination.

17.2 Any absence without proper reasons will attract disciplinary action.

17.3 Special classes may be arranged for the benefit of the students at any time and the students should attend the classes punctually.

x. **LEAVE:**

18.1 Students are permitted a maximum of 30 days of holidays, including public holidays and other than Sundays, during an academic year. Students remaining absent beyond 15 days in addition to the prescribed leave will not be allowed to re-join except on health ground and also in exceptional circumstances.

18.2 Students shall clearly state in their leave application the ground for the leave, the number of days, and the dates for which the leave is required.

18.3 The leave letter is to be submitted to the Principal who will sanction the leave.

18.4 Absence without authorized leave will be counted as unauthorized absence and will entail forfeiture of two days of attendance.

18.5 A student absenting from the school for more than 15 consecutive days without satisfactory explanation is liable to have his / her name removed from the rolls of the school.

18.6 The Principal is authorized to sanction an off from duty according to the duty arrangements.

18.7 During holidays, the Principal may arrange emergency duties and a compensatory duty off may be given to the student later without affecting the routine functions.

xi. **ANTI –RAGGING:**

According to Kerala Prohibition of Ragging Act, 1998, ‘ragging’ means doing of any act or disorderly conduct of a student of an educational institution, which causes or is likely to cause physical or psychological harm or raising apprehension or shame or embarrassment to any student and includes teasing or abusing or playing practical jokes or causing hurt to such students or asking a student to do any act or to perform something which such students will not in the ordinary course be willing to do.

All institutions will have to abide by the directives of the Honourable Supreme Court of India dated 16th May, 2007 in SLP No.(S)24295 of 2006 University of Kerala Vs. Council Principal’s Colleges, Kerala & Ors. (With SLP(C) No. 24296-99/2004 and W.P.(Crl) No.173/2006 & SLP(C) No.14356/2005) and recommendations approved by the Honourable Supreme Court of India on effective prevention of ragging in educational institutions.

In case the applicant for admission is found to have indulged in ragging in the past or if it is brought to the notice of authorities on a later occasion, he/she shall be expelled from the educational institution.

In this regard, each student of the institution and his/her parents/ guardian are required to mandatorily submit a combined undertaking in a prescribed format, at the time of admission.

06.06.2026

DIRECTOR