



# **JUBILEE CARE 4U**

STEP INTO A HEALTHY TOMORROW

e-mail: jubileecare4u@gmail.com

www.jubileemissionmedicalcollege.org

"It is health that is real wealth and not pieces of gold and silver" Mahatma Gandhi



## **BE AWARE OF YOUR HEALTH**

Regular examinations help in detecting health disorders early, giving you better chances for treatment and cure.

## BASIC HEALTH CHECK UP RS. 2000/-

#### LAB INVESTIGATIONS

Hemogram Renal Function Test (Creatinine, Urea) Uric Acid Fasting Blood Sugar Bilirubin Total Thyroid Function Test HbA1c Electrolytes (Sodium, Potassium, Chloride)

ESR Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)

#### CONSULTATIONS

General Physician Dietician

#### **OTHER SERVICES**

Breakfast

## PAEDIATRIC HEALTH CHECK UP RS. 2200/-

#### **LAB INVESTIGATIONS**

Hemogram Creatinine TSH Liver Function Test (Bilirubin Direct, Bilirubin Indirect, Bilirubin Total, AST (SGOT), ALT (SGPT), ALP, Protein Total, Albumin, Globulin) Urine Routine

# RADIOLOGY INVESTIGATIONS

Ultrasound Abdomen

#### **CONSULTATIONS**

Paediatrician Ophthalmologist Dentist

#### **OTHER SERVICES**

Breakfast

#### WHOLE BODY HEALTH CHECK UP BASIC RS. 4700/-

#### LAB INVESTIGATIONS

Fasting Blood Sugar Hemogram HbA1c Thyroid Function Test

Liver Function Test

Renal Function Test (Creatinine, Urea) Uric Acid Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol) Electrolytes (Sodium, Potassium, Chloride) Calcium ESR Urine Routine

#### OTHER DIAGNOSTIC INVESTIGATIONS

Chest X-ray

ECG

**ECHO** 

Ultrasound Abdomen

#### **OTHER SERVICES**

Breakfast & Lunch

#### CONSULTATIONS

General Physician Dietician



## KIDNEY HEALTH CHECK UP RS. 3200/-

#### LAB INVESTIGATIONS

Fasting Blood Sugar Protein differential (Protein total, Albumin Globulin Ratio) Renal Function Test (Creatinine, Urea) Uric Acid Hemogram HbA1c Electrolytes (Sodium, Potassium, Chloride) Micro Albumin Spot (Albumin Creatinine ratio) Urine Spot (Albumin Creatinine ratio) Urine Routine

#### OTHER DIAGNOSTIC INVESTIGATIONS

**ECG** 

X-ray Chest

**Ultrasound Abdomen** 

#### **OTHER SERVICES**

Breakfast & Lunch

#### CONSULTATIONS

Nephrologist Dietician

# OPTIONAL SERVICES @ REQUEST

Intact Parathyroid Hormone (iPTH) - Rs. 1500/-

# CAF

## CARDIAC HEALTH CHECK UP RS. 5700/-

## Hemogram HbA1c Fasting Blood Sugar Liver Function Test Thyroid Function Test

#### ESR Renal Function Test (Creatinine, Urea) Electrolytes (Sodium, Potassium, Chloride)

Uric Acid

LAB INVESTIGATIONS

Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol) Urine Routine

# OTHER DIAGNOSTIC INVESTIGATIONS

Chest X Ray ECG ECHO TMT

#### **CONSULTATIONS**

Cardiologist Dietician

#### **OTHER SERVICES**

Breakfast & Lunch

## DIABETIC HEALTH CHECK UP RS. 4500/-



#### LAB INVESTIGATIONS

Fasting Blood Sugar Post Prandial Blood Sugar (PPBS) Hemogram HbA1c Renal Function Test (Creatinine, Urea) Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol) Liver Function Test Electrolytes (Sodium, Potassium, Chloride) Calcium
TSH
Micro Albumin Spot
(Albumin Creatinine ratio)
Diabetic Retinopathy Screening

# OTHER DIAGNOSTIC INVESTIGATIONS

ECG ECHO

#### CONSULTATIONS

Endocrinologist Ophthalmologist Dietician

#### **OTHER SERVICES**

Breakfast & Lunch

# WHOLE BODY HEALTH CHECK UP ADVANCED PACKAGE FOR MEN RS. 7500/-

#### LAB INVESTIGATIONS

Hemogram
Fasting Blood Sugar
HbA1c
Renal Function Test
(Creatinine, Urea)
Uric Acid

Thyroid Function Test PSA Liver Function Test Calcium FSR Electrolytes (Sodium, Potassium, Chloride) Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol) VitaminD3 Urine Routine

#### **CONSULTATIONS**

General Physician Cardiologist Ayurveda PMR Dietician

#### OTHER DIAGNOSTIC INVESTIGATIONS

ECG ECHO TMT Chest X Ray Ultra Sound Abdomen

OTHER SERVICES
Breakfast & Lunch

# WHOLE BODY HEALTH CHECK UP ADVANCED PACKAGE FOR WOMEN RS. 7900/-

#### LAB INVESTIGATIONS

**Liver Function Test** 

Hemogram
Fasting Blood Sugar
HbA1c
Renal Function Test
(Creatinine, Urea)
Uric Acid

#### **CONSULTATIONS**

General Physician Cardiologist Gynecologist Ayurveda Dietician PMR Thyroid Function Test ESR Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)

# OTHER DIAGNOSTIC INVESTIGATIONS

ECG ECHO TMT Chest X Ray Ultra Sound Abdomen Electrolytes (Sodium, Potassium, Chloride) Calcium Vitamin D3 Urine Routine Pap Smear

#### **OTHER SERVICES**

Breakfast & Lunch

# OPTIONAL SERVICES @ REQUEST

Mammogram (Both Breasts) - Rs. 1800/-



LAB INVESTIGATIONS

Fasting Blood Sugar HbA1c Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol) Renal Function Test (Creatinine, Urea) Uric Acid
Liver Function Test
Thyroid Function Test
Electrolytes
(Sodium, Potassium,
Chloride)
Calcium

Hemogram Vitamin D3 ESR Urine Routine Pap Smear

#### **CONSULTATIONS**

Geriatrician
Ophthalmologist (with dilated fundus examination, Non-contact tonometry)
Dietician
Ayurveda

#### OTHER DIAGNOSTIC INVESTIGATIONS

Chest X-ray
ECHO + ECG
Ultrasound Abdomen
Mammogram (Both Breasts)
Audiogram (PTA with tympanometry)

## **OTHER SERVICES**

Breakfast & Lunch



Fasting Blood Sugar HbA1c Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol) Renal Function Test (Creatinine, Urea) Uric Acid Liver Function Test Thyroid Function Test Electrolytes (Sodium, Potassium, Chloride) Calcium Hemogram Vitamin D3 ESR PSA Urine Routine

#### **CONSULTATIONS**

Geriatrician
Ophthalmologist (with dilated fundus examination, Non-contact tonometry)
Dietician
Ayurveda

### OTHER DIAGNOSTIC INVESTIGATIONS

Chest X-ray ECHO + ECG Ultrasound Abdomen Audiogram (PTA with tympanometry)

## OTHER SERVICES

Breakfast & Lunch

For prior appointments, **Call: +91 8594005588**and book your slots.
(Between **Monday to Saturday, 9 AM to 5 PM**.)

# **INSTRUCTIONS**

- 1. **Fasting requirements**: Please fast (08 10 hours) before health checkup. You are allowed to drink water while fasting.
- 2. **Comfortable Attire**: We recommend wearing loose clothing and easily removable footwear. Avoid wearing heavy jewellery.
- Procedure duration: Kindly plan 07-08 hours for the entire procedures.
- 4. Medical Records: Kindly carry all your previous medical records, prescriptions. Also, if you're on any medication, carry those along with you & inform the physician about the same.
- Medications: Avoid taking insulin injection and anti diabetic tablet on health check up day. Carry your insulin/ anti-diabetic tablet which you can have before or after your breakfast.
- 6. Additional tests: Kindly note, any additional test/consultations, which are not included in the package, will incur extra charges. (The availability of these reports will depend on the nature of the tests) Kindly inform us in advance, if you want any additional tests/consultations to be done.
- 7. In case any test is not performed, amount will not be refunded

Reporting Time: 07:30 AM

Venue: Hrudayalaya Lounge (Gate No: 03)

Days : Monday to Saturday

## **JUBILEE MISSION**

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