Transforming Lives With Love

Service With Love

JUBILEE MISSION
MEDICAL COLLEGE & RESEARCH INSTITUTE

Since 1951

JUBILEE PREVENTIVE HEALTH CHECK UP

JUBILEE CARE 4U

STEP INTO A HEALTHY TOMORROW

e-mail: jubileecare4u@gmail.com

www.jubileemissionmedicalcollege.org

"It is health that is real wealth and not pieces of gold and silver"
Mahatma Gandhi

BE AWARE OF YOUR HEALTH

Regular examinations help in detecting health disorders early, giving you better chances for treatment and cure.

BASIC HEALTH CHECK UP RS. 2000/-

LAB INVESTIGATIONS

Hemogram
Renal Function Test
(Creatinine, Urea)
Uric Acid

Fasting Blood Sugar
Bilirubin Total
Thyroid Function Test

HbA1c
Electrolytes
(Sodium, Potassium, Chloride)

ESR
Lipid Profile
(Triglycerides, HDL, LDL, VLDL, Cholesterol)

CONSULTATIONS

General Physician
Dietician

OTHER SERVICES

Breakfast

PAEDIATRIC HEALTH CHECK UP RS. 2200/-

LAB INVESTIGATIONS

Hemogram
Creatinine
TSH

Liver Function Test
(Bilirubin Direct, Bilirubin Indirect, Bilirubin Total, AST (SGOT), ALT (SGPT), ALP, Protein Total, Albumin, Globulin)
Urine Routine

RADIOLOGY INVESTIGATIONS

Ultrasound Abdomen

CONSULTATIONS

Paediatrician
Ophthalmologist
Dentist

OTHER SERVICES

Breakfast

WHOLE BODY HEALTH CHECK UP BASIC RS. 4700/-

LAB INVESTIGATIONS

- Fasting Blood Sugar
- Hemogram
- HbA1c
- Thyroid Function Test
- Liver Function Test
- Renal Function Test (Creatinine, Urea)
- Uric Acid
- Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)
- Electrolytes (Sodium, Potassium, Chloride)
- Calcium
- ESR
- Urine Routine

OTHER DIAGNOSTIC INVESTIGATIONS

- Chest X-ray
- ECG
- ECHO
- Ultrasound Abdomen

CONSULTATIONS

- General Physician
- Dietician

OTHER SERVICES

- Breakfast & Lunch

KIDNEY HEALTH CHECK UP RS. 3200/-

LAB INVESTIGATIONS

- Fasting Blood Sugar
- Protein differential (Protein total, Albumin Globulin Ratio)
- Renal Function Test (Creatinine, Urea)
- Uric Acid
- Hemogram
- HbA1c
- Electrolytes (Sodium, Potassium, Chloride)
- Micro Albumin Spot (Albumin Creatinine ratio)
- Urine Spot (Albumin Creatinine ratio)
- Urine Routine

OTHER DIAGNOSTIC INVESTIGATIONS

- ECG
- X-ray Chest
- Ultrasound Abdomen

CONSULTATIONS

- Nephrologist
- Dietician

OTHER SERVICES

- Breakfast & Lunch

OPTIONAL SERVICES @ REQUEST

Intact Parathyroid Hormone (iPTH) - Rs. 1500/-

CARDIAC HEALTH CHECK UP RS. 5700/-

LAB INVESTIGATIONS

- Hemogram
- HbA1c
- Fasting Blood Sugar
- Liver Function Test
- Thyroid Function Test
- ESR
- Renal Function Test (Creatinine, Urea)
- Electrolytes (Sodium, Potassium,Chloride)
- Uric Acid
- Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)
- Urine Routine

OTHER DIAGNOSTIC INVESTIGATIONS

- Chest X Ray
- ECG
- ECHO
- TMT

CONSULTATIONS

- Cardiologist
- Dietician

OTHER SERVICES

- Breakfast & Lunch

DIABETIC HEALTH CHECK UP RS. 4500/-

LAB INVESTIGATIONS

- Fasting Blood Sugar
- Post Prandial Blood Sugar (PPBS)
- Hemogram
- HbA1c
- Renal Function Test (Creatinine, Urea)
- Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)
- Liver Function Test
- Electrolytes (Sodium, Potassium, Chloride)
- Calcium
- TSH
- Micro Albumin Spot (Albumin Creatinine ratio)
- Diabetic Retinopathy Screening

OTHER DIAGNOSTIC INVESTIGATIONS

- ECG
- ECHO

CONSULTATIONS

- Endocrinologist
- Ophthalmologist
- Dietician

OTHER SERVICES

- Breakfast & Lunch

WHOLE BODY HEALTH CHECK UP ADVANCED PACKAGE FOR MEN RS. 7500/-

LAB INVESTIGATIONS

- Hemogram
- Fasting Blood Sugar
- HbA1c
- Renal Function Test (Creatinine, Urea)
- Uric Acid
- Thyroid Function Test
- PSA
- Liver Function Test
- Calcium
- ESR
- Electrolytes (Sodium, Potassium, Chloride)
- Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)
- VitaminD3
- Urine Routine

CONSULTATIONS

- General Physician
- Cardiologist
- Ayurveda
- PMR
- Dietician

OTHER DIAGNOSTIC INVESTIGATIONS

- ECG
- ECHO
- TMT
- Chest X Ray
- Ultra Sound Abdomen

OTHER SERVICES

Breakfast & Lunch

WHOLE BODY HEALTH CHECK UP ADVANCED PACKAGE FOR WOMEN RS. 7900/-

LAB INVESTIGATIONS

- Hemogram
- Fasting Blood Sugar
- HbA1c
- Renal Function Test (Creatinine, Urea)
- Uric Acid
- Liver Function Test
- Thyroid Function Test
- ESR
- Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)
- Electrolytes (Sodium, Potassium, Chloride)
- Calcium
- Vitamin D3
- Urine Routine
- Pap Smear

CONSULTATIONS

- General Physician
- Cardiologist
- Gynecologist
- Ayurveda
- Dietician
- PMR

OTHER DIAGNOSTIC INVESTIGATIONS

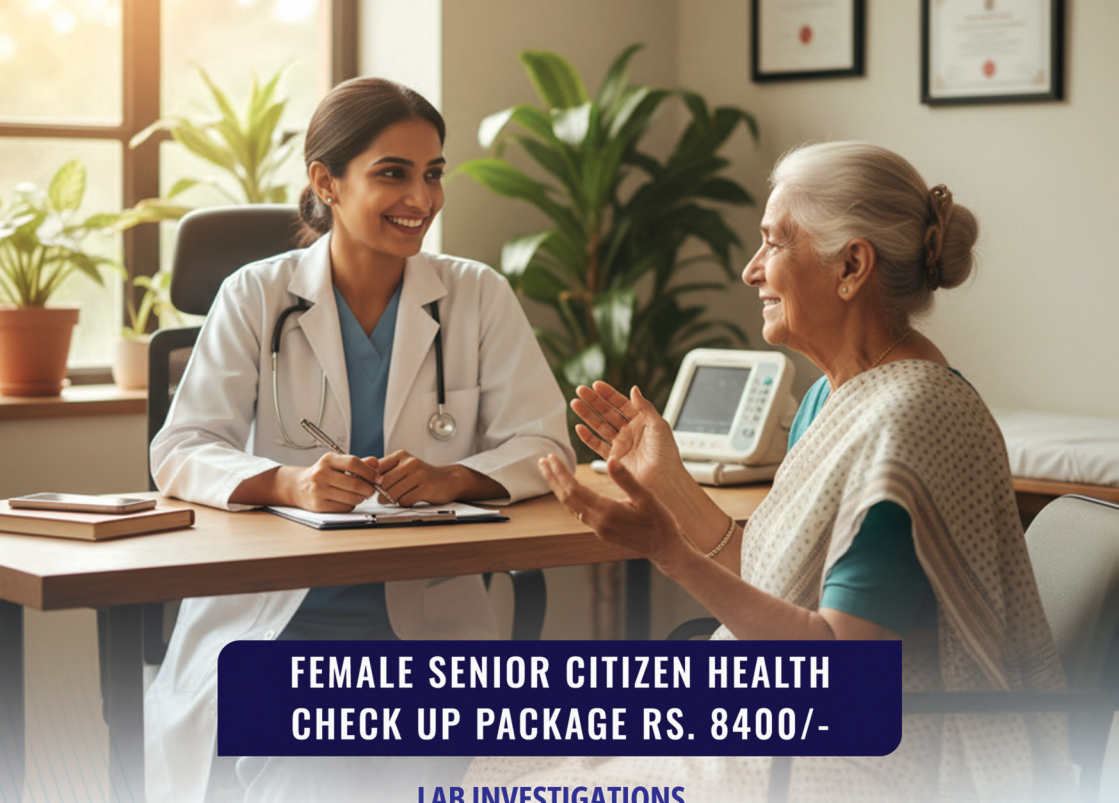
- ECG
- ECHO
- TMT
- Chest X Ray
- Ultra Sound Abdomen

OTHER SERVICES

Breakfast & Lunch

OPTIONAL SERVICES @ REQUEST

Mammogram (Both Breasts) - Rs. 1800/-



FEMALE SENIOR CITIZEN HEALTH CHECK UP PACKAGE RS. 8400/-

LAB INVESTIGATIONS

Fasting Blood Sugar
HbA1c
Lipid Profile
(Triglycerides, HDL, LDL, VLDL, Cholesterol)
Renal Function Test
(Creatinine, Urea)

Uric Acid
Liver Function Test
Thyroid Function Test
Electrolytes
(Sodium, Potassium, Chloride)
Calcium

Hemogram
Vitamin D3
ESR
Urine Routine
Pap Smear

CONSULTATIONS

Geriatrician
Ophthalmologist (with dilated fundus examination, Non-contact tonometry)
Gynecologist
Dietician
Ayurveda

OTHER DIAGNOSTIC INVESTIGATIONS

Chest X-ray
ECHO + ECG
Ultrasound Abdomen
Mammogram (Both Breasts)
Audiogram (PTA with tympanometry)

OTHER SERVICES

Breakfast & Lunch

MALE SENIOR CITIZEN HEALTH CHECK UP PACKAGE RS. 6700/-

LAB INVESTIGATIONS

- Fasting Blood Sugar
- HbA1c
- Lipid Profile (Triglycerides, HDL, LDL, VLDL, Cholesterol)
- Renal Function Test (Creatinine, Urea)
- Uric Acid
- Liver Function Test
- Thyroid Function Test
- Electrolytes (Sodium, Potassium, Chloride)
- Calcium
- Hemogram
- Vitamin D3
- ESR
- PSA
- Urine Routine

CONSULTATIONS

- Geriatrician
- Ophthalmologist (with dilated fundus examination, Non-contact tonometry)
- Dietician
- Ayurveda

OTHER DIAGNOSTIC INVESTIGATIONS

- Chest X-ray
- ECHO + ECG
- Ultrasound Abdomen
- Audiogram (PTA with tympanometry)

OTHER SERVICES

- Breakfast & Lunch

For prior appointments, **Call : +91 8594005588**
and book your slots.
(Between **Monday to Saturday, 9 AM to 5 PM.**)

INSTRUCTIONS

1. **Fasting requirements** : Please fast (08 - 10 hours) before health checkup. You are allowed to drink water while fasting.
2. **Comfortable Attire** : We recommend wearing loose clothing and easily removable footwear. Avoid wearing heavy jewellery.
3. **Procedure duration** : Kindly plan 07-08 hours for the entire procedures.
4. **Medical Records** : Kindly carry all your previous medical records, prescriptions. Also, if you're on any medication, carry those along with you & inform the physician about the same.
5. **Medications** : Avoid taking insulin injection and anti diabetic tablet on health check up day. Carry your insulin/ anti-diabetic tablet which you can have before or after your breakfast.
6. **Additional tests** : Kindly note , any additional test/consultations, which are not included in the package, will incur extra charges.
   (The availability of these reports will depend on the nature of the tests)
   Kindly inform us in advance, if you want any additional tests/consultations to be done.
7. In case any test is not performed, amount will not be refunded

Reporting Time : 07:30 AM
Venue : Hrudayalaya Lounge (Gate No: 03)
Days : Monday to Saturday

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